Tuesday, March 22

10:15 a.m.–Noon (1.25 contact hours)

General 101: Conference Opening Keynote

Coming soon!

1:30-2:45 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

102: Prescribing Antibiotics for Kids in 2022: Pediatric Infectious Diseases Update (Rx)
Teri Moser Woo, PhD, CPNP-PC, CNL, FAANP

Antibiotics are the most commonly prescribed medications in pediatrics. This presentation will review current antibiotic resistance patterns and provide a rapid-fire review of current guidelines for prescribing antibiotics for pediatric patients.

103: Formula Number 2! Just Not the Race Car. More Formulas that we need but tend to forget (AC)
Marisa G. Mize, DNP, CPNP-AC/PC, CCRN

Formulas can be complicated with little time to understand them when caring for the critically ill child. We will review three cases that present pediatric-focused NPs with challenging situations in which the calculation of formulas is used.

104: Take the Plunge! Leadership Skills for Service on the NAPNAP Executive Board
Rajashree Koppolu, RN, MS, CPNP-PC/AC, MSL; Kristin Gigli, PhD, RN, CPNP-AC and Emiko Dudley, MSN, APRN, CPNP AC-PC

Learn more about the process for recruitment, application and elections for NAPNAP’s slate of candidates and understand the overall roles and responsibilities of an executive board member.

105: The Gut-Skin Axis and Its Role in Common Inflammatory Conditions: Atopic Dermatitis (AD) and Acne
Renee P. McLeod, PhD, APRN, CPNP-PC, FAANP and Raja Sivamani, MD, MS, AP

This session will cover the basics around the mechanisms involved in the gut-skin axis in relationship to AD and acne. Learn about changes in the gut microbiome and clinical evidence for the role of nutrition and supplements.

106: Develop Your Toolkit of Evidence-Based, Brief Mental Health Interventions for Pediatric Practice
Pamela Lusk, DNP, RN, PMHNP-BC, FAANP and Bernadette Mazeurek Melnyk, PhD, RN, APRN-CNP, FAANP, FNAP, FAAN

One in six U.S. children and adolescents between the ages of 6 and 17 has a treatable mental health disorder such as depression and anxiety and nationally 50% of these children with a mental health disorder did not receive necessary treatment or counseling from a mental health
professional. The presenters have developed a toolkit of mental health brief interventions, which includes evidence-based grounding and self-soothing interventions, worksheets that teach and reinforce self-regulation of strong emotions (sadness, anger, anxiety) and worksheets based on cognitive behavioral skills. The presenters will prepare participants to implement this toolkit into their own practice in the context of routine, brief clinic visits.

108: Period Poverty: What You Need to Know as a Health Care Provider
Barbara J. Monaco, MSN, CPNP
Period poverty, the lack of access to menstrual products due to financial constraints, remains a significant worldwide problem. It is a neglected issue with important health and social implications on menstruators worldwide. During this presentation, the presenter will address the lack of access to essential menstrual supplies, education and services for health and sanitation. She will also highlight health and education issues, discuss how period social stigmas affect health and hygiene policy, and share how new laws can help to eliminate period poverty.

109: Congenital Heart Disease Transitions of Care and Long Term Outcomes
Vanessa Kalis, DNP, CPNP-AC, ACNP-BC, CHSE
This presentation will look at best practices for transitioning patients from pediatric to adult care, with a focus on the nuances of congenital heart disease. In addition, the presenter will update clinicians on the latest in long term complications and outcomes for patients with congenital heart disease. This presentation will enable clinicians to better prepare the pediatric patient to transition to adult providers and set appropriate expectations regarding counseling about pregnancy, exercise and life expectancy.

3:10-4:25 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

110: The Use of Biologics in Children and Adolescents (Rx)
Teri Moser Woo, PhD, CPNP-PC, CNL, FAANP
Coming soon!

111: The Patient in Room 3: Am I Ready?
Adele A. Foerster, MSN, RN, CPNP-PC/AC; Beth Heuer, DNP, CRNP, CPNP-PC, PMHS; Avis Johnson-Smith, DNP, APRN, CPNP-PC, PMHS, FNP-BC, CNS, FAANP and Katherine Peppers, DNP, CPNP, CPMHS
A patient with a developmental, behavioral or mental health condition is waiting in your primary care or subspecialty setting. Do you feel like an expert or do you need more confidence? Get ready to be both bold and vulnerable in this unique session where you’ll self-identify your experience level and physically move through several exercises to explore readiness concepts as a group. A panel of pediatric primary care mental health specialists (PMHSs) will help you work through common and often complex patient scenarios. The presenters will also share exciting updates and data regarding the PMHS program.

112: Acute Care Case Studies #1 (AC)
Case 1: Does Time Matter? A Case of Sepsis
Stacey Sears, DNP, CPNP-AC

Case 2: Management Options for Severe Refractory Vasoplectic Shock Secondary to Calcium Channel Blocker Ingestion
Stephanie Watts, MSN, RN, CRNP, CPNP-AC, CPN

113: The Peds NP: Podcasts in an Asynchronous NP Program Demonstrate Changes in PNP Education
Rebecca Carson, DNP, CPNP

Asynchronous learning online can feel disconnected and sterile for students, so educators must attentively focus on the needs and learning gaps of individual students to achieve the goals and objectives of the curriculum. Targeted feedback using a podcast format can provide a less formal and more accessible mode of individualized attention from faculty to students. The Peds NP podcast was the first public podcast to direct free open access medical education towards nurse practitioner students and novice providers.

114: Getting Your Scholarly Work Noticed: What You and Your Organization Can Do
Martha K. Swartz, PhD, RN, CPNP, FAAN and Sarah A. Martin, MS, RN, CPNP-AC/PC, CCRN

It takes time, courage and perseverance to publish and present. Two seasoned editors will present strategies for the discovery and reporting of scholarly work in the clinical and academic setting. We will discuss article discovery based on key word selection and usage in an article and describe bibliometrics including the impact factor, H-index and altmetrics. The presenters will discuss organizational initiatives for archiving and reporting these activities and summarize the use of social media, web-based resources and other author initiatives to provide meaningful recognition for these accomplishments.

115: COVID-19 and Its Impact on Pediatric Injury
Rajashree Koppolu, RN, MS, CPNP-PC/AC, MSL and Kristin Gigli, PhD, RN, CPNP-AC

This session will explore the impact of the COVID-19 pandemic on the incidence of pediatric injury and hospitalization. While there was an observed overall decrease in childhood trauma volume associated with the pandemic, there were specific increased trends including but not limited to attempted suicide admissions, violence-related injuries, burns and certain ingestion injuries. This presentation will explore these specific trends and examine potential factors underlying these observed trends. In addition, there will be opportunity to explore how we can better prepare our anticipatory guidance to respond to potential future pandemics.

116: Primary care Speed Session

This session will offer nine focused topics in primary care that convey important education in short presentations.

117: Oh No! It Got Accepted: Preparing a Conference Presentation
Cathy S. Woodward, DNP, APRN, CPNP-AC, FNP-BC
The presenter will pull from great lecture experiences and discuss what makes a great lecture and lecturer, remembering they are made, not born. The participants will be given hints on how to put the best foot forward and interact with an audience during presentations. The presenter will discuss how to make your slides work for you and keep your audience interested.

4:40-5:40 p.m. (1.0 contact hour) Concurrent Sessions – Select Only One

118: Help, Pediatric Anxiety and Depression Rates are Rising! What is a Pediatric-focused NP to Do? (Rx)
Kristen Bransby, DNP, CRNP, CPNP-PC, PMHS

The rates of pediatric and adolescent anxiety, depression and suicidal ideations have increased in the U.S., secondary to increased isolation and stressors of the COVID-19 pandemic. Through navigation of screening, diagnosing and treating pediatric and adolescent anxiety and depression, pediatric-focused NPs will develop a stronger foundation and further build confidence to immediately use in their practice settings.

119: Peer Review, Professional Evaluation and the Clinical Ladder
Catherine M. Haut, DNP, CPNP-AC/PC, FAANP, FAAN

Coming soon!

120: Quality Improvement Bootcamp: Project Development
Jenny L. Weiner, DNP, APRN-CNP, CPNP-AC/PC and Jessica Holstine, MBOE, LSSBB

Learn the steps necessary to take a clinical problem through the process of creating a key driver diagram and brainstorming interventions.

121: Breastfeeding and Returning to Work—Helping Families Get Past the Obstacles
Mary C. Ryngaert, MSN, APRN, IBCLC

New parents often find the return to work after delivery challenging. Help the parents navigate the process to provide optimal nutrition and protection against illness. This presentation will cover everything from maintaining milk supply to safe milk storage to pump selection.

122: Sports Specialization—Too Much Too Soon?
Colleen M. Story, FNP-C

Kids today are specializing in sports at a younger age. Some people believe that it helps keep children active, while the orthopedic community is seeing “career” ending injuries in unprecedented numbers. This presentation will explore the industry and the injuries that we have seen from children stressing their joints and bones at a professional level at a young age. The presenter will discuss strategies to change the narrative and how to discuss with parents and children.

123: What’s Up with the 2020 Focused Updates to the Asthma Management Guidelines?
Anne E. Borgmeyer, DNP, RN, CPNP, AE-C
This session will discuss the NAEPP Focused Update to the Asthma Management Guidelines. The presenter will discuss the use of single maintenance and reliever therapy (SMART) for children and practice implications for nurse practitioners. The presentation will include case studies and encourage audience participation.

124: Inherited Arrhythmias and Sudden Death (AC)
Vanessa Kalis, DNP, CPNP-AC, ACNP-BC, CHSE

Some children are at a higher risk of sudden death and this presentation will review the most common conduction system disorders leading to sudden death in children. The presentation will be aimed at acute care NPs and include inherited arrhythmia syndromes with the latest in the genetic basis for these diseases as well as accurate diagnosis and treatment. This interactive presentation will include case discussions.

125: Primary Care for Children with Complex Chronic Conditions: Heart, Kidneys, Lungs and Brain
Cathy S. Woodward, DNP, APRN, CPNP-AC, FNP-BC; Chelsea Woosley, DNP, RN, CPNP-AC; Dorinda Escamilla-Padilla, DNP, RN, PNP-PC/AC and Emiko Dudley, MSN, APRN, CPNP AC-PC

The presenters will address four chronic health conditions that can present challenges to the pediatric-focused NP in a primary care clinic: congenital heart disease, chronic renal failure, post traumatic brain injury and cystic fibrosis. Clinical experts will present the primary care needs of children with medical complexity, which may be different from other children coming to your clinic, including vaccination schedules, medications, developmental considerations and when to call the specialist.

Wednesday, March 23

8-9 a.m. (1.0 contact hour) Early Riser Sessions – Select Only One

201: A Pediatric Febrile Illness in the Era of a Pandemic (AC)
Tresa E. Zielinski, DNP, RN, APRN, CPNP-PC

In the era of a pandemic, a pediatric patient presenting with a fever poses new and more complicated differential diagnoses to consider. We must always consider and plan for further evaluation, especially if there is a treatment failure. The presenter will review and guide a workup, testing and diagnosis, as well as treatment options of a pediatric patient that presents with a fever for greater than 24 hours.

202: Evidence-Based Approach to Pediatric Functional Abdominal Pain Disorders
Elizabeth Burch, MSN, RN, CPNP

Pediatric chronic abdominal pain can be debilitating to the patient and a challenge for providers managing the child’s care. This presentation will provide a comprehensive overview of pediatric Functional Abdominal Pain Disorders (FAP Disorders), tailored to APRNs to instill confidence in treating this population. The presenter will focus on understanding pathophysiology, the
biopsychosocial model and the components of an evidence-based multidisciplinary treatment plan.

203: Nursing Education & Training Clinical Roundup

Advancing Practice: Lessons Learned in Post-graduate Training Program Development - Allison Clark Young, MSN, APN, CPNP-PC

Implementation of an Advanced Practice Professional Mentoring Program for Novice APRNs and PAs in a Pediatric Tertiary Care Setting - Goldie Benz, DNP, APRN, FNP-BC

Preparing APRN Students to Transition Youth with Special Health Care Needs - Virginia J. LaMothe, CPNP, DNP

Utilizing a Video Interactive Simulated Clinical Experience to Prepare PNP Students for Entry to Advanced Practice - Tedra S. Smith, DNP, MSN, CRNP, CPNP-PC, CNE

10–11:15 a.m. (1.25 contact hours)

204: General : 2022 Immunization Update (Rx)

Mary Beth Koslap-Petraco, DNP, PPCNP-BC, CPNP, FAANP

While sharing the latest CDC immunization information, Dr. Koslap-Petraco will share real life experiences and case studies to engage and challenge you to educate and vaccinate your patient families, especially those who question the need for vaccines.

11:25 a.m.–12:25 p.m. (1.0 contact hour)

General 205: COVID-19 Pediatric Health Panel

Coming soon!

1:45-3 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

208: The Rx on ASD: Treatments for Challenging Behaviors (Rx)

Albrey Berber Love, DNP, APRN, PNP-PC

This session will include key concepts in the pharmacological management of challenging behaviors in children and adolescents with autism spectrum disorders (ASD). Discussion of clinical practice guideline strategies to evaluate ADHD, anxiety and problem behaviors, along with an understanding of the properties of behavior medication management such as general uses, dosing, side effects and switching drugs, will enhance the nurse practitioners’ knowledge of their role in caring for problematic behaviors experienced with ASD.

209: The Good, Bad and Ugly: Pediatric Trauma Wounds (AC)

Catherine J. Goodhue, MN, CPNP and Brent Reel, BSN, RN, CWOCN, CWS

This session will utilize case study presentations and a review of the literature to highlight management of a variety of complex trauma wounds.
210: Fostering Hope: Navigating the Care of Children in Foster Care
Tracy W. Halasz, MSN, APRN, CPNP, PMHS

This presentation will highlight needed health and wellness advisory recommendations for children in foster care to ensure best outcomes, as well as strategies to mitigate barriers for providers and families.

211: Navigating the Psychosocial and Cultural Barriers Impacting Breastfeeding Among African American Mothers
Kathleen Logan, DNP, APRN, CPNP-PC, IBCLC

African American mothers (AAM) have the lowest breastfeeding rates in the U.S. with only 17.2% of infants exclusively breastfeeding at six months. Many AAM want to breastfeeding for the health benefits but have unique challenges in initiating and sustaining breastfeeding. During this session, the provider will learn of the cultural and psychosocial barriers that impact the mother’s breastfeeding experience including racial bias and discrimination. Case scenarios will explore assessments and interventions that address low breastfeeding self-efficacy, maternal stress and depression, social support and misconceptions about breastfeeding to assist the mother in navigating the challenges to meet her breastfeeding goals.

212: Reinventing your Pediatric-focused NP Journey: Sowing the Seeds for a Beautiful Career
Beth A. Heuer, DNP, CRNP, CPNP-PC, PMHS

This session describes evidence-based information on career satisfaction and job possibilities for pediatric-focused NPs, with the focus on growth and reinvention.

213: Tele-etiquette and Webside Manner: Keys to a Successful Telehealth Encounter
Kelli M. Garber, MSN, APRN, PPCNP-BC and Katherine Chike-Harris, DNP, APRN, CPNP-PC, NE

Telehealth etiquette and webside manner are essential skills necessary to enhance the quality of virtual encounters and that of the patient-provider experience. Too often, these skills are incorrectly assumed to be intuitive. This session will utilize the PEP (Performance, Environment, Privacy and Security) model of telehealth etiquette to educate APRNs on these important components of virtual care.

214: PMH: Born at 32 weeks. How Long is Information Relevant?
Michelle M. Kelly, PhD, CRNP, CNE

You are seeing a healthy, 12-year-old patient new to your practice who was born preterm at 32 weeks. Do your incorporate that information into the well-visit assessment, management, referral or anticipatory guidance? You should. This session will discuss evidence-based recommendations for primary and specialty care providers in addressing preterm birth history throughout childhood and adolescence.

215: Respecting Choices: Demystifying Pediatric Advance Care Planning for Children with Medical Complexity (Rx)
Kahla Gagne-Loparo, RN, MSN CPNP- AC/BC

This presentation will provide the pediatric-focused NP with the tools to facilitate Advance Planning and Goals of Care conversations with caregivers of children with special health care needs. We will share the qualitative research data obtained from parent’s experiences with these discussions along with a review of legal ways to document these discussions. Participants will be able to apply what they have learned through small table group work.

3:20-4:35 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

**216: Orthopedics: To Refer or Not to Refer? (And What We Want to Know!)**

Alexandra M. D’Angelo Lewis, MSN, ARNP, CPNP-PC, Diana Hines, MSN, CPNP-AC/PC and Jill Yastishak, MSN, ARNP, CPNP-PC and Katharine Endres, PA-C

This presentation is designed to provide a concise, evidence-based guide to orthopedic chief complaints and the timeliness of referral to specialty care.

**218: ADHD Explosion—New Drugs are Here! (Rx)**

Erin O’Connor Prange, MSN, CRNP

This presentation will review current, state of the art treatments for ADHD including the eight new drugs approved since 2015. We will also discuss treating ADHD in the presence of neurologic comorbidities such as tics, anxiety and autism when access to pediatric psychiatrists and behavioral health specialists is becoming more difficult in the era of COVID.

**219: Research Podium #1**

Coming soon!

**220: Learning from Medical Malpractice Claims Involving Pediatric Providers to Improve Practice**

Karen Wilkinson, MN, ARNP, LNCC, CNLCP

Review the most common fact patterns in pediatric-related lawsuits that arise repeatedly in medical malpractice cases involving pediatric patients presenting to the emergency department, hospital and ambulatory care clinics.

**221: Core Competencies for Human Trafficking Response in Health Care and Behavioral Health Systems**

Jessica L. Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP, FAAN

This presentation will explore core competencies for health care professionals in the clinical setting who may encounter potential victims of human trafficking. Learners will be equipped with knowledge to implement a clinical protocol in their organizational setting to ensure best current practices, moving the APRN from an individual response level to a collective, holistic, public-health, comprehensive care approach. The presentation will provide instruction on developing NP-led diverse interprofessional teams to maximize impact on health outcomes.
222: Adolescent Substance Abuse: A Focus on Novel Drugs

Kathleen S. Jordan, DNP, RN, FNP-BC, ENP-C, SANE-P, FAEN, FAANP

The use of novel drugs by the adolescent population is increasing at an unprecedented rate. Novel drugs are readily available in a variety of forms and can be more potent, difficult to identify and detect, and result in more significant and unpredictable medical consequences. The presentation will include an overview of screening adolescents for illicit drug use, the most common novel drugs used to include pathophysiology, symptoms and treatment, and a discussion of clinical strategies for the prevention and treatment of illicit substance use and abuse in adolescents.

223: A Multi-State Perspective on Current Hospital-based Pediatric-focused Advanced Practice Registered Nurses Practice (AC)

Kristin Gigli, PhD, RN, CPNP-AC, Ashleigh Bowman, DNP, RN, CPNP-AC, Michelle Goreth, DNP, CPNP-AC, RN-BC, CTRN, CPEN, CCRN-P, TCRN and Alexandra Armstrong, MSN, CRNP, CPNP-AC

Over the past decade there has been tremendous growth in the number of hospital-based pediatric-focused advanced practice registered nurses (APRNs). However, rapid growth of hospital-based roles resulted in diverse role expectations within institutions and clinical specialties, variations in organizational support for practice and disparate credentialing and privileging processes. This session will present data from a 2021 multi-state survey of hospital-based pediatric-focused APRNs that examined experiences with entry to practice, clinical role expectations and institutional support for practice and will provide strategies for APRNs to advocate for the advancement of roles and scope of practice within their hospitals.

3:20-5:35 p.m. (2.25 contact hours)

217: Acute Care Case Studies #2 (AC)

Case 1: Is it HFNC or is it BIPAP and When Do You Intubate?
Marisa G. Mize, DNP, CPNP-AC/PC, CCRN

Case 2: Patient’s Journey Through our Institution with Tracheobronchomalacia and Tetralogy Of Fallot
Max Pizzo, MS, CPNP-AC, CPHON

Case 3: Novel Case of MIS-C or COVID-19
Elizabeth Macari Brothers, CPNP-AC, MSN, CCRN

4:45-5:45 p.m. (1.0 contact hour) Concurrent Sessions – Select Only One

224: Migraine Management: Evidence and Updates on Conventional Rx and CATs (Rx)

Sharon B. Stevenson, DNP, APRN, PPCNP-BC
This presentation will cover the latest research, new medications and updated practice guidelines in pediatric migraine management as well as how to evaluate and use the current evidence in practice.

**225: Enhancing Telehealth Education – Precepting and Intercollegiate Collaborations**

Katherine Chike-Harris, DNP, APRN, CPNP-PC, NE and Kelli M. Garber, MSN, APRN, PPCNP-BC

Telehealth is a needed skill for nurse practitioner students to be exposed to during their academic careers. Telehealth simulations and clinical exposure may be challenging for some schools/colleges of nursing due to the need for expensive equipment. This presentation will introduce how intercollegiate collaborations can provide telehealth simulations and introduces the concept of tele-precepting to faculty and clinical preceptors.

**226: Research Podium #2**

Coming soon!

**227: Mental Health Potpourri: What to Do When it’s Not Just ADHD?**

Tracy W. Halasz, MSN, APRN, CPNP, PMHS

This presentation will provide a comprehensive review of the diagnosis and treatment of ADHD, while highlighting common comorbid conditions and symptoms associated with ADHD. It will challenge audience members to move beyond basic ADHD understanding and treatment and apply knowledge to help recognize comorbid conditions, symptoms and resources for managing ADHD and comorbidities.

**228: Taking the Lead: A Guide to Lead NP Success**

Kimberly R. Joo, DNP, APRN-CNP, CNE EBP-C

Learn a few tips for an outstanding first year in your new role as a Lead NP and review necessary leadership skills needed to be successful.

**229: Adolescent Speed Session**

This session will offer five focused topics about adolescents that convey important education in short presentations.

**230: What Do I Do For the Trauma Blues? Assessing Post-Injury Mental Health (AC)**

Catherine J. Goodhue, MN, CPNP

Trauma continues to be the leading cause of morbidity and mortality in pediatrics. Most of the interventions treat the physical injuries sustained and tend to overlook the emotional/psychosocial impact of these traumatic injuries which may be long-lasting. This session will explore various screening tools for PTSD, review the literature and discuss age-based treatment modalities.

**Thursday, March 24**
8-9 a.m. (1.0 contact hour) Early Riser Session – Select Only One

301: Understanding the Uses and Effects of Cannabis in Children and Youth (Rx)
Dawn Garzon, PhD, CPNP-PC, PMHS, FAANP, FAAN
The purpose of this session is to provide the pediatric-focused APRN with an introduction to the use and effects of cannabis on children and youth. The discussion includes a conversation about the current cannabis laws, the physiologic effects of cannabis, the evidence for cannabis use in pediatrics and guideline for facilitating discussions with families who have interest in using cannabis for their children. This session is appropriate for providers from all patient care settings and for the novice to seasoned APRN.

302: Acute Care Speed Session (AC)
This session will offer four focused topics in acute care that convey important education in short presentations.

304: Transition Implementation and Consult Clinic: Cleveland Clinic Experience
Carrie A. Cuomo, DNP, APRN, CPNP-AC/PC
How providers prepare adolescents for the transition to an adult model of care has a direct effect on the success of the transfer of care. This session will review Got Transition’s six core elements and describe how to incorporate them into your daily workflow.

10:30-11:30 a.m. (1.0 contact hour) Concurrent Sessions – Select Only One

305: Why Are You Prescribing Me an Antidepressant for My Anxiety? Renaming Psychiatric Medications Using Neuroscience-based Nomenclature (Rx)
Elizabeth Hutson, PhD, APRN-CNP, PMHNP-BC
Standard nomenclature for psychiatric medications includes names like antidepressants, ADHD medications and antipsychotics. These names do not describe what the medications do pharmacologically and more importantly, these names are confusing to patients and families. The purpose of this presentation is to describe neuroscience-based nomenclature (NbN), a novel movement in psychiatry that aims to move from a disease-based naming system to a pharmacology and mechanism of action-based system. Ultimately, this presentation arm pediatric-focused NPs with a new classification system to think about pediatric mental health and how to prescribe based on the medication’s mechanism of action.

306: Pediatric Toxidromes: Special Considerations in the Poisoned Child (AC)
Kathleen S. Jordan, DNP, RN, FNP-BC, ENP-C, SANE-P, FAEN, FAANP
The scope of toxic substances involved in poisoning is very broad, requiring advanced practice providers to have the knowledge and skill set for early recognition and knowledge of specific therapeutic interventions.
307: Differentiating Ehlers-Danlos and Marfan Syndromes
Sharon Anderson, DNP, APN, NNP-BC, AGN-BC, CNE

This presentation will provide an overview of two of the most common heritable connective tissue conditions, Ehlers-Danlos (focusing on the most common hypermobile subtype) and Marfan syndromes. The presenter will discuss similar and discriminating assessment features, diagnostic testing and criteria/screening tools, and recommendations for ongoing surveillance and management.

308: Sexual Abuse - Test Your Knowledge
Gail A. Hornor, DNP, CPNP, SANE-P

This interactive session will engage participants in learning about child sexual abuse. Questions will be of increasing difficulty and will query the learner regarding the following topics: anogenital exam physical findings, child sexual abuse consequences, sexual abuse mimics, sexually transmitted infections and child sexual abuse, pedophiles and commercial sexual exploitation of children.

309: Show Me the Money: Building Documentation and Coding Confidence
Alycia Bischof, DNP, APN, PNP-BC

With the new evaluation and management coding guidelines instituted by CMS in 2021, payment is now based on medical decision-making and time. In addition, COVID-19 has changed the telehealth billing rules. It is essential that advanced practice providers are knowledgeable about these changes and have the skills to document patient visits in a manner that optimizes reimbursement. This presentation will explain the recent CMS changes, discuss differences between in-patient and out-patient coding and review the needed documentation to maximize reimbursement.

310: What We Breathe Matters: The Effects of Environmental Toxins on the Pediatric Population
Traci Gonzales, MSN, APRN, CPNP and Elise Whalen, MSN, APRN, FNP-C, CPN

Preventable environmental factors, like exposure to poor air quality, are predicted to affect 23% of all global deaths. Children and pregnant women have been identified as high risk populations who are particularly susceptible to the negative effects of poor air quality. This presentation will provide an overview of health concerns related to poor quality, population specific considerations and the pediatric provider’s role in assessment and prevention.

311: Big Changes to Acute Concussion Management: What Every NP Needs to Know for Ideal Outcomes
Roni L. Robinson, CRNP

With the growing number of recreational and sport related concussions occurring each year, the need for consensus of care for this patient population has also grown. The research community has attempted to answer this need with a plethora of publications published in this field over the last several years; however, recommendations can often be confusing, incomplete and even
contradictory. This session will provide the tools the pediatric-focused NP will need to manage adolescent and pediatric concussion injuries competently and successfully.

1:10-2:25 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

312: First Do No Harm: Embracing Body Positivity and Trauma-Informed Obesity Care
Victoria F. Keeton, PhD, RN, CPNP-PC and Naomi Schapiro, PhD, RN, CPNP-PC
Pediatric obesity interventions that focus on weight loss may unconsciously perpetuate weight stigma. In addition, interventions focused on weight loss through nutrition and exercise have limited sustained impact on BMI. This perceived lack of “success” increases frustration for clinicians and patients. In this presentation we will explore emerging evidence on body acceptance, intuitive eating and stress reduction for health promotion, rather than weight loss, framed by trauma-informed principles. Participants will learn to evaluate child weight through a holistic lens, using novel approaches to care to promote and sustain positive physical and mental health outcomes in their patients.

313: Meeting the Challenges of Pediatric Behavioral Health Emergencies (AC)
Kathleen S. Jordan, DNP, RN, FNP-BC, ENP-C, SANE-P, FAEN, FAANP
This presentation will discuss the most common pediatric behavioral health emergencies and conditions including depression, suicidality, aggression and mood disorders, and differentiate between a medical emergency and a behavioral health emergency.

314: Top Ten Countdown: Red Flags for Rapid Referral to Neuro
Erin O’Connor Prange, MSN, CRNP
This presentation will cover a multitude of neurological symptoms that almost always present to primary care providers in outpatient setting. We will review common complaints such as headache, toe walking, abnormal movements, vomiting and more as we journey the history taking process to recognize red flags and prompt referral to specialty care. Using case-based examples, you will learn why early hand preference may indicate stroke and why a teen girl with migraines may be presenting with a thrombosis.

315: Early Recognition, Early Intervention: Diagnosing and Managing Cerebral Palsy in Young Children
Traci Gonzales, MSN, APRN, CPNP and Ginelle King, APRN, FNP-C
Cerebral palsy (CP) is the most common childhood disability. Given the prevalence, pediatric providers should be trained in early recognition and appropriate interventions for children diagnosed with CP. This presentation will discuss up to date recommendations and review evidence-based guidelines for multiple developmental domains including motor, cognitive, communication, eating/drinking, vision, sleep, tone and musculoskeletal.

316: Child Maltreatment Prevention: Essentials for the Pediatric-focused NP
Gail A. Hornor, DNP, CPNP, SANE-P

Child maltreatment is a serious problem with the potential for lifelong physical and mental health consequences, even death. According to the U.S. Department of Health & Human Services, an estimated 656,000 children determined to be victims of child maltreatment in 2019 and maltreatment resulted in death for 1,840 children. Pediatric-focused NPs are uniquely positioned not only to identify potential victims of child maltreatment but also to prevent child maltreatment prior to its occurrence. This session will discuss practice-level child maltreatment prevention interventions, both universal and targeted, and allow attendees to participate in clinical case studies.

317: Pesticides/Herbicides and Rural Children’s Health

Rose M. Nealis, PhD, APRN, CPNP-AC, PPCPN-BC

Pesticide drift is exposure to pesticides and herbicides and is estimated to impact 500,000 children per year in rural and urban settings. For children in rural areas their involuntary exposure is commonly due to agricultural pesticides while working and playing in contaminated fields. Children in urban settings are often exposed through common household pesticide/herbicide applications. We will identify commonly used agricultural and home pesticides along with the risks to the fetus and child. The presenter will discuss diagnostic studies and treatment options. The presentation will include the impact of COVID-19 on lead screening and home poisonings. This session is relative to both acute and primary health care providers and students.

318: Unpacking our Baggage: Mitigating Implicit Bias to Reduce Health Inequities in Youth

Brenda Cassidy, DNP, RN, MSN, CPNP-PC

Social justice issues and COVID-19 have exposed inequities to accessing high-quality care throughout the health care system. “This Moment in Time” presents an opportunity to leverage our outrage and take steps to make sustainable changes that promote equitable care across all populations. This presentation focuses on the critical first step in the transformation to providing equitable and inclusive care to our youth. Using a framework to recognize implicit bias, videos and cases will be critiqued to manage implicit bias with BIPOC, LGBTQIA+ and disabled youth.

2:45-4 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

319: Primary Care Management of the Co-Morbidities Associated with Autism Spectrum Disorder in Children and Adolescents (Rx)

Susan N. Van Cleve, DNP, CPNP-PC, PMHS, FAANP, FAAN and Joshua Palmer, DNP, PMHNP, RN

This presentation will provide an extensive overview of co-occurring physical, psychiatric and behavioral conditions commonly seen in children with Autism Spectrum Disorder (ASD) and will provide the attendee with the skills to assess, diagnose and manage these conditions. The
Presenters will review pharmacologic and nonpharmacologic management with extensive coverage of pharmacologic options and use cases throughout the presentation to highlight the application of information. They will provide recommendations for overall management of children with ASD, with the goal of promoting optimal development and integration of the child or teen into the family, school and community.

320: When Routine Care Doesn’t Go According to Plan: Common Post-operative Complications in the PICU and What to Do About Them (AC)
Heather E. Herrera, MSN, RN, CPNP-AC/PC

Using case studies, we will discuss common post-operative complications, as well as some unusual complications and potential intervention and treatment strategies.

321: Pediatric-focused NPs Influencing the Critical State of Foster Care Placement Stability
Sara E. Moore, DNP, RN, APRN, BC, CPNP-AC, NNP

Due to COVID-19, children are entering the welfare system with a higher level of needs and there are fewer foster homes available. Consequently, placement availability and stability have reached a critical state and larger numbers of children in the welfare system are without placements leading to situations where children are sleeping in CPS offices and hotel rooms. The NP is a gatekeeper for the children and families involved in the welfare system. This presentation will provide practical applications that NPs can implement in their practices to support placement stability and improve the life of the child in foster care.

322: Be the Bridge Builder: A How-To Guide for Creating Your Own Role as an Advanced Practice Provider
Leah Apalodimas, MSN, APN, CCRN, CPNP-AC/PC, Leslie Rhodes, DNP, PPCNP-BC and Elizabeth Paton, DNP, PNP-C, PPCNP-BC, CPEN, FAEN

New graduates often struggle to find employment and seasoned APRNs can find it challenging to find the “right fit”. This presentation will provide three innovative ways that pediatric APRNs established new roles in their institution. The presenters will describe how the need was identified, the challenges met in establishing the role and lessons learned.

323: Differentiating Neurocutaneous Disorders: TSC and NF1
Sharon Anderson, DNP, APN, NNP-BC, AGN-BC, CNE

This presentation will provide an overview of two of the most common neurocutaneous disorders, tuberous sclerosis complex (TSC) and neurofibromatosis type 1 (NF1). We will discuss assessment features, diagnostic testing and criteria/screening tools, benefits and limitations of genetic testing, and recommendations for ongoing surveillance and management.

324: Adapting to Achieve High-Quality Health Supervision
Kathleen A. Kent, DNP, APRN, CPNP-PC

This session will focus on overcoming common barriers that will enhance patient/ pediatric-focused NP relationships in a busy primary care practice setting. During this interactive learning
session, pediatric-focused NPs will learn from each other about innovative adaptations, success stories, best practices and practical strategies to overcome common barriers both in regard to practice-specific and health topic-specific issues. The presenter will utilize revised Bright Futures forms and tools, additional resources and real-world case studies to demonstrate successful implementation of Bright Futures recommendations, including addressing social determinants of health.

325: If You Build It, They Will Come: Reverse Engineering Clinical Pathways for Better Patient Outcomes

Roni L. Robinson, CRNP

How do you know when you need a clinical pathway or when it may be useful? We will discuss the use of Clinical Pathways, how to put together the right team to create a pathway and how to monitor its effectiveness.

Friday, March 25

9:30–10:30 a.m. (1.0 contact hour)

General 401: Closing Keynote

Coming soon!

10:45 a.m.-Noon (1.25 contact hours) Concurrent Sessions – Select Only One

402: The Latest Buzz: Mosquitoes and the Diseases They Transmit to Humans in the U.S. and in Popular Travel Destinations

Jonathan Day, PhD

Mosquito-borne diseases such as eastern equine encephalitis, malaria, dengue, West Nile fever, LaCrosse encephalitis, Zika and others have no cure. This presentation equips the pediatric-focused NP for dealing with issues regarding risk, based on where patients live and travel. It addresses vector behaviors, prevalence and infection rates to help patients and their families avoid contracting potentially dangerous, sometimes life-altering, vector-borne diseases.

403: Livers, Kidneys, and Intestines, Oh My! Transplantation of Abdominal Organs in Pediatric Patients and Implications for Acute and Primary Care (AC)

Jackie Calhoun, DNP, RN, CPNP-AC, CCRN

This presentation will cover the causes of liver, renal and intestinal failure, as well as the indications for transplant of these organs. The presenter will cover pre-operative, intraoperative and post-operative courses, in addition to complications during each of these stages. The presentation will also address long-term care of children who have received solid-organ transplant.
405: Moving Toward Upstream Prevention: Comprehensive Approaches to Address Youth Suicide
Laura F. Searcy, MN, APRN, PPCNP-BC

Coming soon!

406: Combating the Vaccine Hesitancy of Tomorrow by Empowering Adolescents Today
Joslyn Wilson, BS, RN, FNP-s and Karlen Luthy, DNP, FNP, FAANP, FAAN

Adolescents are on the cusp of medical decision autonomy. It is critical for pediatric-focused NPs to understand vaccination concerns specific to older adolescents to effectively address concerns. This presentation will provide specific resources to educate and empower adolescents to make informed vaccination decisions.

407: I Serve 2: Identifying and Caring for Military-Connected Children in the Pediatric Primary Care Setting
Alicia Rossiter, DNP, APRN, FNP, PPCNP-BC, FAANP, FAAN and Catherine Ling, PhD, FNP-BC CNE, FAANP, FAAN

Since the onset of military action in Iraq and Afghanistan more than two million military-connected children (MCC) have had at least one parent deploy. MCC are subjected to unique stressors not experienced by their civilian counterparts, and yet their physical, psychological and behavioral health care needs have gone unrecognized outside of military health care settings. This presentation will provide guidance for utilization of the I Serve 2: A Pocketcard for Healthcare Providers Caring for Military Children© in civilian clinical practice to better identify physical, psychological and behavioral health risk factors/co-morbidities in MCC. While “resilient” is the word used to describe most MCC, it is important that we recognize the stresses/stressors of military life and that military children serve too in order to support, care for and strengthen the military family.

12:15-1:15 p.m. (1.0 contact hour) Concurrent Sessions – Select Only One

408: Don’t Get Eaten Up: Managing Eating Disorders in Primary Care
Elizabeth Silvers, MSN, RN, CPNP-PC, PMHS and Kimberly Erlich, MSN, RN, MPH, CPNP-PC, PMHS

In a world where social media promotes unrealistic standards and orthorexic tendencies have become nutritional norms, our pediatric patients are more susceptible than ever to developing eating disorders (EDs). EDs are among the most serious psychiatric diagnoses in adolescence due to their high mortality rate, and untreated EDs lead to devastating health outcomes. As gatekeepers, it is essential that primary care providers are able to identify and intervene in early disordered eating behaviors. This presentation seeks to educate the primary care pediatric-focused NP about various ED diagnoses and presentations, including markers for malnutrition and warning signs for ED behaviors. The participants will be able to understand the ED epidemic, and become equipped with tools required to manage this multifaceted illness in the primary care setting, or refer to the appropriate level of care when indicated.
**409: The Non-operative Management of Solid Organ Injuries: From Trauma Bay to Outpatient Follow-up (AC)**

Brandi D. Farrell, DNP, APRN, CPNP-AC, PC and Elizabeth Waibel, CPNP

Blunt abdominal trauma constitutes more than 80% of abdominal traumas in childhood. The 2019 Journal of Pediatric Surgery Evidence-based Practice systematic review of the non-operative management of solid organ injuries advises it may be safe to send children with solid organ injuries home sooner with less intervention and supports outpatient management with primary care providers. The management of solid organ injuries has been evolving over the last 10 years and understanding these new Pediatric Surgical Association’s guidelines have implications for advanced practice providers in both primary and acute care settings. The lecture will review the epidemiology of pediatric solid organ injury, the indications for non-operative management and will focus on the recommendations which outpatient pediatric-focused NPs can use to advise families on activity, follow-up and need for emergent re-assessment.

**410: Deeper Dive into Endocrine Pathologies in Children/Adolescents with Diabetes Mellitus**

Mili Vakharia, MSN, APRN, FNP-C and Grace Kim, MD

Diabetes is a chronic condition that requires intensive medical and psychological management with rapidly rising prevalence in the U.S. The most common form of pediatric diabetes is type 1 diabetes, affecting 1.25 million children who are two to four times more likely to have other autoimmune conditions including Hashimoto’s thyroiditis, celiac disease and adrenal insufficiency than the general population. Timely screenings as recommended by the American Diabetes Association and proper assessment is key to identifying comorbidities and preventing both diabetes related complications as well as treating associated endocrine pathologies including those that can be potentially life threatening. This case-based, interactive presentation will provide pediatric advanced practice providers with robust clinical pearls on recognizing and managing endocrine disorders commonly seen in patients with diabetes mellitus, type 1.

**411: Preparing Your Pediatric Practice to Care for Adolescents with Opioid Use Disorders (Rx)**

Angela J. Nash, PhD, APRN, CPNP-PC, PMHS

The American Academy of Pediatrics recommends medication assisted treatment for adolescents with opioid use disorders (MOUD) but less than 12% of affected youth ever receive treatment and even fewer receive MOUD. In an effort to get evidence-based treatment to people with OUD, in 2021 the HHS relaxed the laws that govern MOUD prescribing. Similar to collaborative care approaches to treatment of other mental health disorders, pediatric-focused NPs should be the first person their patients look to for helping them recover from OUDs. This case-based presentation will give participants an overview of screening and evidence-based treatment for youth with OUDs, followed by practical advice and resources for preparing a practice to care for this population.

**412: Pediatric Gunshot Wounds, the Elephant in the Room**

Amanda Johnson, MSN, CPNP
This presentation will begin the conversation on gun violence prevention by reviewing current pediatric gun violence statistics. We will discuss the burden of caring for penetrating trauma, not only the strains on our health care system but also on the providers themselves, with a brief overview of general care. We will also discuss how nurse practitioners can impact change in gun violence prevention.

413: To Screen or Not to Screen: Special Considerations in Screening Adolescents for ACEs

Naomi Schapiro, PhD, RN, CPNP-PC and Victoria F. Keeton, PhD, RN, CPNP-PC

This presentation will address screening adolescents for adverse childhood experiences (ACEs) with an emphasis on youth/family strengths and supporting resilience. We will focus on confidentiality, mandated reporting and follow-up of positive ACEs screens for adolescents and their families, including marginalized youth.